

# **FACTORS WHICH AFFECT THE ANTICOAGULANT EFFECT OF WARFARIN.**

## **Drugs which increase anticoagulant effect of Warfarin**

- Alcohol
- Antibiotics (Cephalosporins, Penicillin, Sulphonamides, Tetracyclines)
- Anti-inflammatory analgesics (Aspirin, Indomethacin, Phenylbutazone)
- Anabolic Steroids
- Antidepressants
- Laxatives

## **Drugs which decrease the anticoagulant effect of Warfarin**

- Barbiturates
- Oral Contraceptives
- Rifampicin

## **Dietary Factors**

Food high in Vitamin K can decrease the anticoagulant effect of Warfarin. e.g.

- Broccoli
- Brussel Spouts
- Cabbage
- Lettuce
- Spinach
- Liver

## **Herbal Medications**

Some herbal drugs interfere with anticoagulant effect of Warfarin .e.g

- Dong Quai
- Danshen
- Papain
- Ginseng
- Ginger